

# Your social counseling in the Upper Valais

Whether personal advice or financial support – we assist and advise you with pleasure. Competent, discreet and free of charge.



Are you in a challenging personal situation?

Together with you we work out a solution for your situation and support you in its realization.

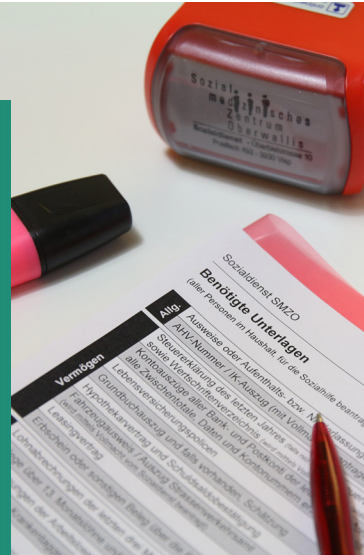
## Our expertise and experience for a good life.

### Personal counseling / personal advice

We support you in all areas of life or help you to find the right professional office for your concerns.

### Financial support

Is your monthly income sufficient to cover your daily living needs? Or do you still have outstanding bills at the end of the month? We assist you in claiming your entitlement to social welfare or subsidies for your health insurance.



Get in touch with us today:  
T. 027 - 922 30 20 or [sozialberatung@smzo.ch](mailto:sozialberatung@smzo.ch)

Opening hours: Mon-Fri 9am-12pm and  
1.30pm-4.30pm (Mon-Wed) / 5pm (Thu) / 4pm (Fri)

